# Strategic Plan for the 2009 Biennium Mental Disabilities Board of Visitors

# Strategic Goal # 1

Treatment services in Montana's mental health facilities and in the Montana Developmental Center are humane, consistent with established clinical standards, incorporate evidence based practices, and comply with Montana law.

**Board Member participants**: Suzanne Hopkins, Teresa Lewis

# **Outcomes of Strategic Goal #1**:

- 1. Recommendations made by the Board to reviewed facilities are implemented in a timely manner.
  - a) there is greater statewide uniformity in mental health services
- The Addictive and Mental Disorders Division and mental health provider organizations have a more significant involvement with Indian reservations and with tribal health services.
- 3. The people who are served at the Montana Developmental Center are only those who need specialized, time-limited services.

### **Strategic Objective 1.1**

The Board will actively engage with Montana's mental health facilities and with the Montana Developmental Center through site reviews and ongoing dialogue regarding treatment improvement.

# Activities to achieve this objective:

1. Conduct at least 14 site reviews during the 2009 biennium.

#### **Performance Indicator 1.1.1**

 Written reports documenting site reviews conducted during the 2009 biennium are published and posted on the Board's website.

Responsibility: Executive Director

Time Frame: Throughout 2009 biennium

2. Communicate verbally and in writing with each reviewed facility at six months and one year post site review to determine status of implementation of recommendations.

# Performance Indicator 1.1.2

- Letters and documentation of verbal communication are filed in each reviewed facilities' site review file.
- A written report documenting the status of implementation of site review recommendations is submitted to the Board at the end of each fiscal year.

Responsibility: Executive Director, Board Chair Time Frame: Throughout 2009 biennium

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3. Develop specific proposals for creating a more significant mental health involvement with at least one Indian reservation / tribal health service.

#### **Performance Indicator 1.1.3**

- A written report documenting research regarding reservations/tribes needing increased mental health service involvement is submitted to the Board, the Addictive and Mental Disorders Division, and the Governor's office by July 31, 2008.
- Written proposals for creating a more significant mental health involvement with at least one Indian reservation / tribal health service are submitted to the Board, the Addictive and Mental Disorders Division, and the Governor's office by June 30, 2009.

Responsibility: Executive Director, Board Members

Time Frame: 1) July 31, 2008: research and identify reservations/tribes needing

increased mental health service involvement

2) June 30, 2009: finalize proposals

4. Identify Montana Developmental Center residents on whom to focus advocacy for discharge to community services.

# Performance Indicator 1.1.4

 A written report identifying Montana Developmental Center residents on whom to focus advocacy for discharge to community services is submitted to the Board, the Disability Services Division, and the Governor's office by July 31, 2008.

 A written plan describing specific advocacy activities to be pursued by the Board is submitted to the Board by June 30, 2009.

Responsibility: Paralegal (Helena), Executive Director Time Frame: 1) July 31, 2008: identify residents

2) June 30, 2009: develop specific advocacy activities

# Strategic Goal # 2.

Legal rights of people receiving services from Montana's mental health facilities and the Montana Developmental Center are respected, upheld, and protected.

**Board Member participants**: Sandy Mihelish, Susan Duffy

#### **Outcomes of Strategic Goal #2**:

- 1. Consumers and family members receive timely response and assistance from the Board in resolving problems.
- 2. The problems that consumers and family members bring to the Board are resolved satisfactorily.

# **Strategic Objective 2.1**

The Board will actively support consumers and family members in their requests for assistance.

# Activities to achieve this objective:

1. Respond to each request for assistance within 24 hours or by the end of the next business day.

#### Performance Indicator 2.1.1

 Written logs documenting requests for assistance and response times and resolution descriptions are maintained in each Board office.

Responsibility: Board staff in both the Helena and Montana State Hospital offices Time Frame: Throughout 2009 biennium

2. Participate in the following activities at the Montana Developmental Center: Human Rights Committee, treatment planning meetings, grievance hearings.

#### Performance Indicator 2.1.2

 Written summary of participation in Montana Developmental Center Human Rights Committee, treatment planning meetings, and grievance hearings are submitted to the Board quarterly.

Responsibility: Paralegal - Helena office Time Frame: Throughout 2009 biennium

3. Explore ways to have an outside party conduct 'exit interviews' or brief surveys with consumers and family members who have requested assistance.

#### **Performance Indicator 2.1.3**

- A written proposal for having an outside party conduct 'exit interviews' or brief surveys with consumers and family members is submitted to the Board by July 31, 2008.
- A process in which an outside party conducts 'exit interviews' or brief surveys with consumers and family members is implemented by June 30, 2009.

Responsibility: Board staff in both the Helena and Montana State Hospital offices

Time Frame: 1) July 31, 2008: written proposal

2) June 30, 2009: implement surveys

# Strategic Goal # 3.

The public mental health system in Montana is transformed according to the six goals of the report of the New Freedom Commission on Mental Health.

**Board Member participants**: Joan-Nell Macfadden, Brody Moll, Susan Duffy

# **Outcomes of Strategic Goal #3:**

1. Each of the six goals of the report of the New Freedom Commission on Mental Health are incorporated into legislative proposals submitted to the 2009 Legislature.

#### Strategic Objective 3.1

The Board will participate in activities that promote mental health system transformation.

# Activities to achieve this objective:

1. Participate in meetings of Local Advisory Councils.

#### Performance Indicator 3.1.1

 Written summary of Local Advisory Council participation is provided to the Board quarterly.

Responsibility: Board staff, Board members Time Frame: Throughout 2009 biennium

2. Participate actively in meetings of Service Area Authorities.

#### Performance Indicator 3.1.2

 Written summary of Service Area Authorities meeting participation is provided to the Board quarterly.

Responsibility: Board staff, Board members Time Frame: Throughout 2009 biennium

3. Participate actively in meetings of the Mental Health Information (Transformation) group.

#### **Performance Indicator 3.1.3**

 Written summary of Mental Health Information (Transformation) meeting participation is provided to the Board quarterly.

Responsibility: Executive Director

Time Frame: Throughout 2009 biennium

4. Attend all relevant Legislative hearings.

## Performance Indicator 3.1.4

 Written summary of Legislative hearings is provided to the Board during the 2009 Legislative session.

Responsibility: Executive Director

Time Frame: Throughout 2009 Legislative session